

**Next Course:  
Tuesday 20<sup>th</sup> October and  
Thursday 22<sup>nd</sup> October from  
10am to 4pm  
At David Lloyd, 89B Glasgow  
Road, Edinburgh, EH12 8GZ**



**ITA on  
01268 745460 or Scottish Office  
on 01324 635633**

**Email:  
info@internationaltennisacademy.net**

**Website:  
www.internationaltennisacademy.net**



## ITA in the UK

The ITA Tennis Academy System is set to take the tennis world by storm. ITA uses coaching techniques adopted by Spain, Russia, South America and the USA, and combines these with a coaching structure that suits British tennis clubs. ITA provides the much needed variety and opportunity previously unavailable to our countries young players. .

The ITA Academy System works by creating an environment where collective learning is not only providing more on-court coaching hours for students, but also more social and competitive play. Collective learning also promotes better team spirit within tennis clubs and more structure to the steps along the way to success.

This is why we have created the combined ITA Assistant Coach & Tennis Instructor into one Award. This certificate will qualify the ITA Academy's 14 years old + students to assist their coach in the development of the players alongside them. The certificate also qualifies them to work as an assistant at any ITA Academy and develops there coaching skills in preparation for full coach licensing.



## ITA Tennis Instructor Award



Many young players not only enjoy playing tennis but also helping in the teaching of it to others. This has generally been something they have done alongside their current coach and in acknowledgement of this ITA now offers them the specific training they require and the appropriate certification deserved to recognise the enthusiasm and hard work they put in.

## Course Content

Introduction to ITA

Coaching as a Career

Health & Safety

Coach Conduct

The Lesson Plan

ITA Mini Masters

Technique Progressions

Using Circuits

Ball Feeding

Working with better players

This unique 2-day course will consist of two 6-hour sessions with the ITA Course Tutor.

The student will undergo continual assessment during the 2 days, assessing both on-court and off court tasks.

All course materials will be presented to the students at the beginning of the course

Competency will be endorsed by the Course Tutor and finally sent to the ITA Coach Education Department for verification and official certification.



### **ITA COACH APPRENTICE AWARD APPLICATION FORM**

**PLEASE COMPLETE THIS FORM AND SEND IT TO**  
133 The Chase, Rayleigh, Essex, England, SS68QP  
Together with your payment of £125.00 made payable to ITA

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

TELEPHONE \_\_\_\_\_ POST CODE \_\_\_\_\_

E-MAIL \_\_\_\_\_ MOBILE \_\_\_\_\_

**PLEASE ENROL ME ON THE ITA COACH ASSISTANT COURSE**

AT \_\_\_\_\_ ON \_\_\_\_\_

**FOR FURTHER INFORMATION PHONE ITA DIRECT ON: 01268 745460**